



# Neat Freak News

Bimonthly organizational tips for home, work and life.

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NEAT FREAK NEWS: December 2005

## RECYCLE YOUR STUFF

November 15<sup>th</sup> is National Recycling Day—a great day to assess all that you have in your house and see what could be recycled. And recycling doesn't have to mean putting your glass and plastic out by the curb. Look to see what items no longer need you, but may need someone else. Take a load of clothes you haven't worn in over a year to the local PTA or Goodwill. Find toys your children no longer play with and donate them to a local childcare center or children's hospital. A woman's shelter might appreciate pots and pans that you no longer use in your kitchen. Everyone can find something to recycle and pass along to a new owner, creating less clutter and chaos in your home.

## GET ORGANIZED BEFORE THE HOLIDAYS

Don't wait until January to make getting organized your resolution. Start now and do just a few quick and easy things to make your holiday time merrier and less stressful!

--If your mailbox is like mine, it's filled with catalogs every day. Some are great and really save me from trekking to the mall, but most I do not want. Take 2 minutes to call the company for each catalog you no longer wish to receive and request that they remove you from their mailing list.

--Stock your freezer now with healthy meals that can be reheated quickly so you don't spend even more time in the kitchen over the holidays. If you cook one extra meal each week between now and Christmas, you'll have a week's worth of dinner ready to heat and serve.

--Do you have boxes of Christmas cards from 199-something or other? Are they still spreading cheer or just filling your closets? Let the kids at them with some scissors and glue and make collages or new cards for a local nursing home.

## GIVE THE GIFT OF ORGANIZATION!

Rather than adding clutter, help your loved ones de-clutter! Neat Freak gift certificates make great holiday gifts and are available for one hour of service and up. Organization is also a wonderful gift for an expecting or new mom, a family in a new home, a friend preparing to move, or anyone who just needs an area of well-deserved peace and calm in their home! E-mail me for more details: [perri@neat-freak.com](mailto:perri@neat-freak.com)

JANUARY IS GO (Get Organized) MONTH!

Book your appointment now for a one-on-one organizational session that will free up space in your home and your life. Here are three great reasons to hire a professional organizer:

1. Get a fresh perspective on your stuff—where to store it, what to keep, and how to keep it organized
2. Be more productive. We waste a lot of time (up to 30 minutes a day on average) looking for things we've lost or misplaced. Get that time back by creating a place for everything.
3. Less stress—who doesn't want that? Feel better about all that you accomplish each day by creating organized systems that help you function at your very best.